

Healthy Tips To Look & Feel Your Best
Skin Care Quiz

1. **T F** Nearly 85% of people between the ages of 12 and 24 will occasionally suffer from acne.
2. **T F** Boys get acne far more often than girls.
3. **T F** Scrubbing my face too hard can make my acne worse.
4. **T F** Using acne treatment products will clear up my acne immediately.
5. **T F** My breakouts should stop in my late teens.
6. **T F** Acne pads with Benzoyl Peroxide are available by prescription only.



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With Stri-Dex®, you can Xpect More® from your acne treatment regimen with a variety of pads and wipes to meet your needs.

Stri-Dex Power Pads® — The first benzoyl peroxide pad available without a prescription. Power Pads combine the power of a treatment with the convenience of a pad. Stri-Dex alcohol-free pads are now soft-textured for a gentler, more comfortable usage experience. Available in three pad varieties to fit individual needs ... **Maximum Strength Pads** (2% salicylic acid) — Extra acne-fighting medicine and powerful cleansers for moderate acne. **Stri-Dex Essential Care® Pads** (1% salicylic acid) — Stronger acne fighter than most regular strength formulas, and the only pad that contains vitamins A, E & C for clear healthy skin. **Stri-Dex Sensitive Skin Pads** (.5%

salicylic acid) — For mild to moderate acne with skin that is easily irritated. Also contains soothing ingredients including aloe to gently clean skin. **Stri-Dex Facewipes To Go®** offer refreshing medicated cleansing with true portability, allowing you to clean and treat your complexion whenever ... wherever.



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(cont.)

Answers and Explanation

1. **T** Acne is most common among adolescents, with nearly 85 percent of people between the ages of 12 and 24 suffering from it at least occasionally. But people of all ages can experience it. And acne occurs in people of every race and ethnicity, though it is somewhat more common among Caucasians.
2. **F** Acne affects boys and girls with roughly the same frequency, though there are some gender differences in how acne is expressed. Girls are often affected by acne flare-ups related to hormone changes connected with their menstrual cycles. Boys, possibly due to their higher concentrations of androgen hormones, are somewhat more likely to experience more severe and long-lasting forms of acne than girls.
3. **T** Too vigorous scrubbing or the use of harsh cleansers can sometimes make the problem of acne even worse. Face skin should be cleaned gently in the morning and evening, and after heavy exercise.
4. **F** Although it's frustrating, it's a fact that no acne products work immediately. Some people even report that their condition gets worse for a few days after using a new medication, probably due to their skin adjusting to the medication. All acne treatments, including prescription products, must be used consistently over time in order to achieve their maximum results.
5. **F** For many people, acne decreases in frequency and severity, often virtually "going away," sometime in their early twenties. It is not unusual, however, for it to persist into the thirties and beyond - some people even experience acne for the first time as adults.
6. **F** The power of a proven acne fighter benzoyl peroxide in a convenient pad is no longer something available to teens only through a prescription. Now, Stri-Dex®, the leader in acne pads, has developed the first over-the-counter benzoyl peroxide acne pad — new Stri-Dex Power Pads™ — for the treatment and management of acne.